

Swimming

Penkridge Leisure Centre Term-Time Swimming Timetable

TIME	SESSION
Monday	
7am-7:45am	Adults Only
8:00am-8:45am	Aqua Aerobics
5:00pm-7:00pm	Swimming Lessons
8:15pm-9:15pm	Adults Only*
Tuesday	
5pm-7pm	Swimming Lessons
7:15pm – 8:00pm	Aqua Aerobics
8:00pm-9:00pm	Adults Only
Wednesday	
7am – 8am	Adults Only
8:25am – 9:10am	Aqua Aerobics
9:15am-10am	Aqua Aerobics
10am-11am	Adults Only
4pm-6:30pm	Swimming Lessons
7pm-8pm	Public Swim
8:15pm-9:15pm	Adults Only

*Session will not be on two weeks a month due to lifeguard staff training. Please call before to check.

TIME	SESSION
Thursday	
12pm-1pm	Adults Only
4pm-7pm	Swimming Lessons
7:15pm-8pm	Aqua Aerobics
8pm-9pm	Adults Only
Friday	
7am – 8am	Adults Only
8:25am – 9:10am	Aqua Aerobics
9:15am-10am	Aqua Aerobics
10am-11am	Adults Only
6:15pm-7:15pm	Public Swim
7:15pm-8:15pm	Adults Only
Saturday	
9am-12pm	Swimming Lessons
1:30pm-2:30pm	Family Swim
Sunday	
9:00am-10:00am	Adults Only
10:00am-11:30am	Family Swim
11:30am-12:30pm	Children's Parties
12:30pm-3pm	Swimming lessons

PRICES	NON-MEMBER - PAY AS YOU GO	Advantage Card
Adults	£5.00	£4.50
Junior	£3.20	£2.90
Under 5's	Free	Free
60+	£3.70	£3.20
Aqua Aerobics	£6.50	£5.80

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: cheslynhay@sstaffs.gov.uk
 Codsall Leisure Centre • Tel: 01902 844032 • Email: codsall@sstaffs.gov.uk
 Penkridge Leisure Centre • Tel: 01785 714152 • Email: penkridge@sstaffs.gov.uk
 Wombourne Leisure Centre • Tel: 01902 898202 • Email: wombourne@sstaffs.gov.uk

Swimming

DESCRIPTIONS

PUBLIC SWIM	Recreational swimming for the whole family.
ADULTS ONLY	A swim for adults 16+.
60+ SWIM	A swim for adults aged 60 and over
SWIM LESSONS	See South Staffordshire Swim Academy timetable.

INFORMATION

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 children. (If management feel children are at risk, a ratio of 1:1 may be enforced at the manager's discretion).
Male and female changing rooms are available and lockers are provided. These take a 20p coin to lock.
A pool hoist is available on request.
During school holidays the daytime programme is subject to change.
Pre-booking is unavailable. Bather load restrictions are in place and management reserves the right to refuse admission if the pool capacity is reached.
The swimming pool is 0.90m deep in the shallow end and 2.3m deep in the deep end with ladder entry in each corner of the pool.
Off peak times are 7am – 5pm. Peak times are 5pm onwards

AGE LIMITS

Child in opposite sex changing room	Under 8
Swimming unaccompanied	8yrs+
Parent & toddlers swim	Under 5
Adults accompanying child under 8	16yrs+
Swimming adults only	16yrs+

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