# Swimming

# Codsall Leisure Centre Term-time swimming pool timetable

TIME	CLASS	
Monday		
7.15am-8.15am	Early Bird Swim (adults only)	
4pm-7pm	Swimming Lessons	
7.05pm-7.50pm	Aqua Aerobics	
7.15pm-7.50pm	Adult Swim (deep end only)	
7.50pm-8.30pm	Public Swim	
Tuesday		
7.30am-8.15am	Aqua Aerobics	
4pm-7pm	Swimming Lessons	
7.15pm-8.15pm	Public Swim	
Wednesday		
7.15am-8.15am	Early Bird Swim (adults only)	
5pm-8pm	Swimming Lessons	
8.15pm-9.30pm	Adult Swim	
Thursday		
4pm-7pm	Swimming Lessons	
7.15pm-9.15pm	Public Swim	

TIME	CLASS
Friday	
7.15am-8.15am	Early Bird Swim (adults only)
3.30pm-4.15pm	50+ Swim
4.30pm-7.30pm	Swimming Lessons
7.45pm-8.45pm	Public Swim
8.45pm-9.30pm	Adult Swim
Saturday	
8am-8.45am	Adult Swim
9am-1pm	Swimming Lessons
1.30pm-2.30pm	Fun Swim
3pm-4pm	Public Swim
Sunday	
9am-10am	Adult Swim
10.15am-11.45am	Public Swim
12pm-2.30pm	Swimming Lessons
3pm-4pm	Fun Swim

# **PRICES**

	PAY AS YOU GO	LEISURE ADVANTAGE CARD
Adults	£5.10	£4.60
Junior	£3.30	£2.90
Under 5's	Free	Free
60+	£3.70	£3.30

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: cheslynhay@sstaffs.gov.uk
Codsall Leisure Centre • Tel: 01902 844032 • Email: codsall@sstaffs.gov.uk
Penkridge Leisure Centre • Tel: 01785 714152 • Email: penkridge@sstaffs.gov.uk
Wombourne Leisure Centre • Tel: 01902 898202 • Email: wombourne@sstaffs.gov.uk

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## **DESCRIPTIONS**

PUBLIC SWIM	Recreational swimming for the whole family.
ADULTS ONLY	A swim for adults 16+.
EARLY BIRD SWIM	A swim for adults 16+.
FUN SWIM	A fun session for children with floats.
SWIM LESSONS	See South Staffordshire Swim Academy timetable.

### **GUIDELINES**

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 children. (If management feel children are at risk, a ratio of 1:1 may be enforced at the manager's discretion).

A pool hoist is available on request.

During school holidays the daytime programme is subject to change.

Male and female changing rooms are available and lockers are provided. These take a £1 coin to lock which is returnable.

The swimming pool is 0.9m deep in the shallow end and 3.3m deep in the deep end with ladder entry in both the shallow and deep end of the pool.

Off peak membership times are from centre opening – 5pm. Peak times are 5pm onwards

### **AGE LIMITS**

Child in opposite sex changing room	Under 8
Swimming unaccompanied	8yrs+
Adults accompanying child under 8	16yrs+
Swimming adults only	16yrs+

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