

# Swimming

## Wombourne Leisure Centre Term Time Swimming Pool Timetable

TIME	CLASS
<b>Monday</b>	
6.45am-8.45am	Adult swim
1.50pm-2.30pm	Public swim*
4pm-5.30pm	Public swim
5.40pm-6.25pm	Aqua aerobics
6.45pm-7.30pm	Adult lane swim
7.30pm-9.30pm	Wombourne swimming club
<b>Tuesday</b>	
6.45am-9.30am	Adult swim
9.45am-10.45am	Parents and toddler/Little Flippers
11.15am-12pm	Aqua Aerobics
4pm-7pm	Swimming lessons
7.15pm-9.30pm	Wombourne swimming club
<b>Wednesday</b>	
6.45am-8.45am	Adult swim
9am-11am	Public swim
11.30am-1.30pm	Adult swim
4pm-6.30pm	Swimming lessons
6.45pm-7.45pm	Adult lane swim
8pm-9.30pm	Black country triathletes

### **Important information.**

Please be aware that swimmers must clear the changing rooms by 9am weekdays (with the exclusion of Tuesday's) due to the school swimming sessions.

\*General public cannot enter the changing rooms until 1.50pm.

\*\*General public cannot enter the changing rooms until 12.20pm and must clear the changing rooms by 1.50pm.

TIME	CLASS
<b>Thursday</b>	
6.45am-8.45am	Adult swim
4pm-6.30pm	Swimming lessons
6.30pm-7.30pm	Lifesaving - Rookie
7.30pm-8.30pm	Lifesaving – Survive and save
8.45pm-9.30pm	Adult lane swim
<b>Friday</b>	
6.45am-8.45am	Adult swim
12.20pm-1.30pm	Public swim**
4pm-5.15pm	Fun time
5.30pm-6.30pm	Adult lane swim
6.30pm-9.30pm	Wombourne swimming club
<b>Saturday</b>	
8am-9am	Adult swim
9.15am-1.15pm	Swimming lessons
1.30pm-3.15pm	Public swim
3.30pm-5pm	Black country triathletes
5.15pm-6pm	Fun time
6.15pm-7pm	Party hire / Pool hire
<b>Sunday</b>	
7.30am-8.45am	Adult swim
9am-12.30pm	Swimming lessons
12.45pm-1.30pm	SEND swim
2pm-2.45pm	Fun time
3pm-7pm	Wombourne swimming club



For the most up to date timetable please scan the QR code to view our website.

**Please note that during school holidays the daytime programme is subject to change.**

Sign up to our Leisure Hub digital platform for online bookings and transactions.

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: [cheslynhay@sstaffs.gov.uk](mailto:cheslynhay@sstaffs.gov.uk)

Codsall Leisure Centre • Tel: 01902 844032 • Email: [codsall@sstaffs.gov.uk](mailto:codsall@sstaffs.gov.uk)

Penkridge Leisure Centre • Tel: 01785 714152 • Email: [penkridge@sstaffs.gov.uk](mailto:penkridge@sstaffs.gov.uk)

Wombourne Leisure Centre • Tel: 01902 898202 • Email: [wombourne@sstaffs.gov.uk](mailto:wombourne@sstaffs.gov.uk)

# Swimming

## DESCRIPTIONS

<b>PUBLIC SWIM</b>	Recreational swimming for the whole family.
<b>ADULTS ONLY</b>	A swim for adults 16+.
<b>PARENT AND TODDLER</b>	For adults accompanying children under 5.
<b>SEND SWIM</b>	A session for those with additional needs. Carers swim free of charge.
<b>FUNTIME SESSION</b>	A fun session for children with floats.
<b>SWIM LESSONS</b>	See South Staffordshire Swim Academy timetable.
<b>LITTLE FLIPPERS</b>	Term time course for children aged 18 months – 3 yrs.
<b>LIFESAVING CLASSES</b>	RLSS UK's Rookie Lifeguard programme gives your child the skills they need to be confident in the pool or the sea.

## GUIDELINES

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 children. (If management feel children are at risk, a ratio of 1:1 may be enforced at the manager's discretion).
A pool hoist is available on request.
During school holidays the daytime programme is subject to change.
The Sunday morning programme may change due to club bookings.
Male and female changing rooms are available and lockers are provided. These take a £1 coin to lock which is returnable.
The swimming pool is 1m deep in the shallow end and 2m deep in the deep end with ladder entry in both the shallow and deep end of the pool.
Off peak membership times are from centre opening – 5pm. Peak times are 5pm onwards

## AGE LIMITS

Child in opposite sex changing room	Under 8
Swimming unaccompanied	8yrs+
Parent & toddlers swim	Under 5
Adults accompanying child under 8	16yrs+
Swimming adults only	16yrs+
Little flippers	18mths-3 yrs

## PRICES

	PAY AS YOU GO	LEISURE ADVANTAGE CARD
<b>Adults</b>	£5.00	£4.50
<b>Junior</b>	£3.20	£2.90
<b>Under 5's</b>	Free	Free
<b>60+</b>	£3.60	£3.20
<b>Parent &amp; toddler</b>	£4.30	£3.90
<b>Lifesaving Child</b>	£3.90	£3.50
<b>Lifesaving Adult</b>	£5.40	£4.90

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