# Swimming

# Penkridge Leisure Centre Term Time Swimming Pool Timetable

TIME	CLASS
Monday	
7:00am-7:45am	Adults Only
8:00am-8:45am	Aqua Aerobics
5:00pm-7:00pm	Swimming Lessons
8:15pm-9:15pm	Adults Only*
Tuesday	
4:30pm-7pm	Swimming Lessons
7:15pm-8pm	Aqua Aerobics
8:00pm-9:00pm	Adults Only
Wednesday	
9:15am-10am	Aqua Aerobics
10am-11am	Adults Only
4pm-6:30pm	Swimming Lessons
7pm-8pm	Public Swim
8:15pm-9:15pm	Adults Only

TIME	CLASS	
Thursday		
12pm-1pm	Adults Only	
4pm-7pm	Swimming Lessons	
7:15pm-8pm	Aqua Aerobics	
8pm-9pm	Adults Only	
Friday		
9:15am-10am	Aqua Aerobics	
10am-11am	Adults Only	
6:15pm-7:15pm	Public Swim	
7:15pm-8:15pm	Adults Only	
Saturday		
9am-12pm	Swimming Lessons	
1:30pm-2:30pm	Public Swim	
Sunday	unday	
9:00am-10:30am	Adults Only	
10:30am-12pm	Public Swim	
12pm-1pm	Children's Parties	
1pm-2:30pm	Public Swim	



For the most up to date timetable please scan the QR code to view our website.

Please note that during school holidays the daytime programme is subject to change.

Sign up to our Leisure Hub digital platform for online bookings and transactions.

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: cheslynhay@sstaffs.gov.uk
Codsall Leisure Centre • Tel: 01902 844032 • Email: codsall@sstaffs.gov.uk
Penkridge Leisure Centre • Tel: 01785 714152 • Email: penkridge@sstaffs.gov.uk
Wombourne Leisure Centre • Tel: 01902 898202 • Email: wombourne@sstaffs.gov.uk

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### **DESCRIPTIONS**

PUBLIC SWIM	Recreational swimming for the whole family.	
ADULTS ONLY	A swim for adults 16+.	
SWIM LESSONS	M LESSONS See South Staffordshire Swim Academy timetable.	

# **GUIDELINES**

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 children. (If management feel children are at risk, a ratio of 1:1 may be enforced at the manager's discretion).

A pool hoist is available on request.

During school holidays the daytime programme is subject to change.

The Sunday morning programme may change due to club bookings.

Male and female changing rooms are available and lockers are provided. These take a 20p coin to lock which is returnable.

The swimming pool is 0.90m deep in the shallow end and 2.3m deep in the deep end with ladder entry in both the shallow and deep end of the pool.

Off peak membership times are from centre opening – 5pm. Peak times are 5pm onwards

## **AGE LIMITS**

Child in opposite sex changing room	Under 8
Swimming unaccompanied	8yrs+
Parent & toddlers swim	Under 5
Adults accompanying child under 8	16yrs+
Swimming adults only	16yrs+

## **PRICES**

	PAY AS YOU GO	LEISURE ADVANTAGE CARD
Adults	£5.00	£4.50
Junior	£3.20	£2.90
Under 5's	Free	Free
60+	£3.60	£3.20

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